

Job Description

Job Title	Reablement Apprentice
Directorate	Adults Social Care and Health
Service Area	Assessment Care Delivery
Grade	AP2
Competency Level	1
Salary	£24,547
Job Type	Building Based
Location	Various Hubs
Disclosure and barring service (DBS)	Enhanced – Adult Workforce and Adult Barred List

About the Role

The Reablement Assistant Apprentice will support adults to regain, develop and maintain the skills they need to live as independently as possible. Working alongside experienced social care professionals, you will provide person-centred support that helps individuals build confidence, improve daily living skills and achieve their personal goals.

This is a rewarding opportunity to develop a career in Adult Social Care while gaining hands-on experience supporting people in a variety of settings. You will work closely with service users, families and partner organisations while completing a recognised apprenticeship and developing valuable skills in care, communication and rehabilitation support.



What You'll Be Doing

You will:

- Support individuals to develop and maintain their independence and daily living skills.
- Assist service users with activities identified within their support and reablement plans.
- Encourage people to build confidence and maximise their independence within their home and community.
- Support individuals with practical tasks such as meal preparation, household activities and personal wellbeing.
- Work alongside health and social care professionals to support positive outcomes for service users.
- Help implement person-centred support plans and contribute to reviews where appropriate.
- Promote dignity, respect, choice and independence in all aspects of support.
- Support individuals to participate in social, recreational, educational and therapeutic activities.
- Maintain accurate records and report any concerns or changes in circumstances to colleagues.
- Attend training, supervision and development activities to support your learning and professional growth.

What You'll Learn

During your apprenticeship you'll develop knowledge and skills in:

- Person-centred care and support.
- Promoting independence and reablement approaches.



- Communication and relationship-building skills.
- Adult social care legislation and best practice.
- Safeguarding and supporting vulnerable adults.
- Health and wellbeing support.
- Record keeping and care documentation.
- Working within multidisciplinary teams.
- Equality, diversity and inclusive practice.
- Professional behaviours within Adult Social Care.

Is This Role Right for You?

We're looking for someone who:

- Has a genuine passion for helping and supporting others.
- Is caring, patient and compassionate.
- Has good communication and listening skills.
- Enjoys building positive relationships with people.
- Is interested in developing a career in Adult Social Care.
- Can work effectively as part of a team.
- Is willing to learn and develop new skills.
- Has good organisational skills and attention to detail.
- Understands the importance of dignity, independence and respect.
- Is flexible and able to adapt to the changing needs of individuals and services.
- Is committed to completing an apprenticeship and ongoing professional development.

Lime Hub

Some of these roles will be based at Lime Hub. Lime hub is for Disabled residents of the city. It provides person centred care, reablement and day services. To help older adults

and residents, with learning, physical or complex disabilities, retain their independence.